

FALL 2026

NAMI

Family –to Family

Education. Support. Hope. Recovery.

A FREE 8-SESSION EDUCATION
PROGRAM FOR FAMILY MEMBERS,
PARTNERS, FRIENDS, AND
CAREGIVERS OF ADULTS LIVING
WITH A **MENTAL HEALTH
CONDITION**

Family to Family provides information,
support, and understanding for those who
care about a loved one.

You are not alone.

What You'll Gain

- ✓ Understanding mental health conditions
- ✓ Communication Skills
- ✓ Problem-solving strategies
- ✓ Crisis Planning
- ✓ Self Care and resilience
- ✓ Recovery & hope

**Advance Registration is
required.
Space is limited.**



Taught by trained NAMI
family members with lived
experience.



Questions? Contact:

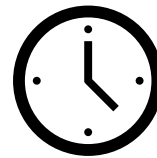
Nancy Moser, Program Producer
(785) 383-2364
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After completing Family-to Family participants are invited to
continue their journey through NAMI Family support Groups
offered across Kansas and online.



September 9 –
October 28,
2026
8 Consecutive
Wednesdays



Wednesdays
• 6:00–8:30
PM Central



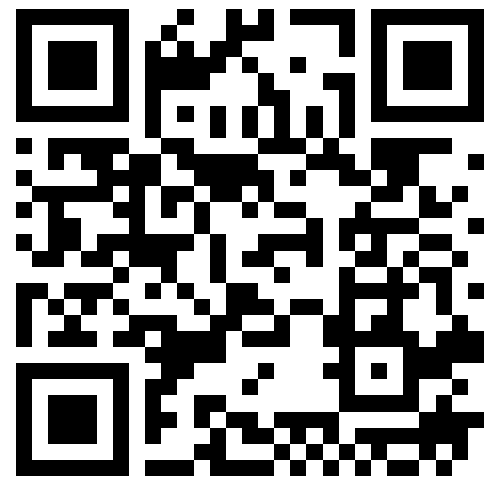
Virtual via
Zoom



Workbook
Included

Register Today

SCAN TO REGISTER



Or register online:

<https://forms.gle/QAmemtgbSUNfj6987>

NAMI is here for you
in every stage.

You are not alone.